

## Bioethics and The Law: Balancing Moral Values with Legal Principles

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### Abstract

Bioethics explores the dynamic interplay between bioethics and law in light of significant scientific progress in fields such as reproduction, organ transplantation, and end-of-life choices. These innovations have transformed biological realities into ethical and legal decisions, challenging conventional legal frameworks and changing the fundamentals of personhood, parenting, and human autonomy. The article examines the erosion of the "biological paradigm," which was formerly fundamental to the consistency of law, due to the pressures of technological advancement and ethical plurality. It outlines how courts and legislators in France and Italy have attempted to harmonise individual liberties with societal moral standards by developing progressive frameworks of "bio law." In this study the researcher explains three regulatory models such as private autonomy, rigid proscription, and liberal pluralism to elucidate the contradictions between ethical variety and legal certainty. This research also posits that contemporary law must reconcile universal principles with moral plurality by fostering conversation among "moral strangers." Ultimately, it calls for a sophisticated, human-centric legal framework that can include many ethical perspectives without undermining legal coherence, presenting a picture of law as both guardian of rights and a mediator of values in an increasingly varied society.

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## 1. INTRODUCTION

Over the past decades' scientific breakthroughs in fields like reproduction for e.g. In vitro fertilization and cloning, organ transplantation and sexuality have determined significant societal changes by turning knowledge into choices<sup>1</sup>. These advancements have unclear the boundaries of life's beginning and end, thereby providing greater opportunity for human activity. Concerning the origin of life parents can now screen embryos for genetic defects during invitro fertilization allowing them to choose whether to continue with the pregnancy. Similarly, individuals can influence the timing and nature of death, completely shaped by personal decisions. These developments pose complex legal ramifications as

regulating human choices is far more intricate than regulating facts. Originally, the legal systems struggled to keep pace with the rapid scientific progress often resulting in minimal and fragmented regulations. This singularity cannot be considered as a conscious choice by legal systems but a reaction to the individuals gaining unprecedented control over life altering decisions. Even though individuals faced shock of confronting their capacity to make their choices about their own lives, the society opposing new ethical horizons. Political systems faced dilemmas in addressing these changes, and legal frameworks had to adapt to evolving moral principles. The rapid scientific developments reshaped the field like reproduction, organ transplantation, sexuality, it changed the foundational elements

<sup>1</sup> Čović, A. V., & Stjepanović, B. M. (2022). In vitro fertilisation from an anonymous donor: Dilemmas from the aspect of bioethics and the ISSN: 3048-5045; Vol 02 Issue 04; Oct-2025; Pg-13-16

child's right to know his/her biological origins. *Sociološki pregled*, 56(4), 1433-1471.

that lawyers rely on to interpret and apply the law<sup>2</sup>. This change forced the legal professionals to adapt to new realities in regulating individual choices in the areas like embryo selection or end-of life decisions which created complex ethical and legal challenges. The unchecked freedom allows significant autonomy to the individuals in these areas and creating chaos due to the lack of clear guidelines potentially leading to ethical conflicts or societal harm. Developing laws in biomedicine and bioethics has been challenging due to the need for consensus and time to enact regulations conditions that are hard to meet simultaneously. These challenges have spurred the emergence of “bio law,” a legal field focused on the interplay between statutory law, bioethics, and the fundamental nature of law itself. This study seeks to clarify the core issues at stake and the need for a new law at this instance.

## 2. REVISITING THE FOUNDATIONS OF LAW: THE EROSION OF THE BIOLOGICAL PARADIGM

Recent scientific developments established biological facts into legal possibilities, particularly concentrating on reproduction. Traditionally, the “biological paradigm” viewed birth as a biological certainty, enclosed strictly around heterosexual reproduction involving male and female gametes. This gave rise to clear legal configurations governing parental relationships. Conversely, the advent of assisted reproductive technologies, such as in-vitro fertilization (IVF), has disrupted these foundations, discerning a shift from facts to choices concerning conception. The challenges posed by this shift are demonstrated through various legal cases in Italy and France, where courts addressed the repudiation of paternity linked to donor insemination. Historically legal systems equated children conceived through such external interventions as adultery. As a result, fathers denied the paternity until norms evolving new reproductive technologies have prompted significant changes. The Italian courts ruled against denying paternity based on the distinct nature of the donor while the French court recognised parents will as a key factor in reproduction, reshaping the legal framework to reflect modern realities. Legislative changes in France and Italy highlight how legal systems are adapting to new reproductive technologies. France “loi de bioéthique” of 1994<sup>3</sup> recognised a clear framework for donor insemination while eliminating legal ties to the biological father. Italy’s 2004 law banned donor insemination and barred parents from disowning children conceived through such methods, giving importance to the rights of these children. Beyond these cases, the anticipated future advancements like cloning, where traditional biological participation of both genders become obsolete. Although the UK’s Human Fertilisation and Embryology Act 1990<sup>4</sup> currently upholds a fertilisation-based definition of life’s onset, evolving technologies such as ‘reproductive cloning’ have encouraged legal clarifications to address emerging complexities. This ongoing tension reveals the courts vital role in connecting scientific progress and existing laws as they work to address legal gaps and societal challenges posed by

advancing reproductive technologies. Overall, this article argues that the decline of the traditional biological model has increased judicial influence, as legal systems scramble to adapt to and normalize the intricacies of modern reproduction, illuminating the dynamic interchange between science and law in shaping human life.

## 3. LAW, RULES, AND THE REALITY OF PLURALISM

As scientific advancements outpaced existing legal frameworks, substantial challenges emerged prompting extensive argument that demanded a thorough interdisciplinary examination of ethics, law and science. This concluded the development of the new legal domain known as “bio law” a neologism that replicate the intricate interplay between law and bioethics, emphasizing the essential role of law in this dynamic. Within the discourse on bioethics and law, three primary groups of models have been identified. The first group includes the “private approach”, social non-regulatory tools and the factual sociological method. These models view the law’s role as limited primarily serving to record social behaviours rather than imposing regulations. In this perspective individual autonomy is central with personal conscience and self-regulatory standards serving as the primary sources of ethical guidance. The concept of Highly Inappropriate Legislation (HIL) illustrates the extreme of this which criticizes constitutional law as insufficient for determining ethical dilemmas tied to individual choices<sup>5</sup>. In contrast the second group encompasses formalistic, regulatory and prohibiting models asserts that law ought to meticulously oversee every aspect of bioethics. While these models recommend a major role of law, they contend that the moral substance of legal provisions stems from political choices and not from legal frameworks. The prohibitive model specifically insist that laws should impose a unified ethical standard and disallow any deviations from it. The intermediate model such as the liberal one promotes a minimalist law system that safeguards fundamental rights while allowing people to shape their own ethical interpretations. Nonetheless this model faces criticism for potentially fostering “ethical disorder” by delegating the ethical decisions in the hands of individuals without satisfactory legal guidance. Each framework has its detractors, the first is disposed to ethical chaos, the second could foster inconsistencies in pluralism by marginalizing varied ethical perceptions. The liberal framework aims to uphold pluralism but is faulted for providing insufficient legal direction on profound life decisions. Recent controversies highlight conceptual conflicts such as the Human Cloning Prohibition Act in the United States which would restrict the therapeutic applications of cloning techniques<sup>6</sup>. This illustrated the friction between moral guidelines and evolving societal values. Similarly, euthanasia classified as homicide in several legal systems has prompted complex judicial reactions that do not align with legislative statutes as evident in rulings from Canada and Italy where judicial outcomes diverged from the existing bans. Additionally, enforcing a uniform ethical framework

<sup>2</sup> Halliwell, M. (2024). *Transformed States: Medicine, Biotechnology, and American Culture, 1990–2020*. Rutgers University Press.

<sup>3</sup> Fauré, G. (2024). *Les Lois “bioéthiques”, essai d’un bilan 1994–2023*. *Éthique & Santé*, 21(1), 88-94.

<sup>4</sup> Redhead, C. A., & Frith, L. (2024). *Donor conception, direct-to-consumer genetic testing, choices, and procedural justice: an*

*argument for reform of the Human Fertilisation and Embryology Act 1990*. *Medical law review*, 32(4), 505-529.

<sup>5</sup> McMahon, A. M. (2025). *Patents over ‘technologies’ related to how we treat, use, and modify the human body: An urgent need for greater bioethics scrutiny*. *Medical Law Review*, 33(3), fwaf015.

<sup>6</sup> Khan, Z. A. (2024). *ETHICAL ISSUES IN GENETIC ENGINEERING AND HUMAN CLONING*. *Journal of Healthcare Systems and Innovations*, 1(02), 35-57.

risks alienating laws from public opinion as evidenced by surveys revealing instances of active euthanasia by medical professionals despite legal bans. The aim of legal framework for these sensitive issues frequently clash with the need for broad social agreement leading to legal vacuums as was the case with assisted reproduction in Italy before 2004, which prompted international couples seeking reproductive options without the guidance of established regulations.

#### 4. INDIA ON BIOETHICS AND LAW

India's position on bioethics and law, can be analyzed through the lens of its discussed themes erosion of the biological paradigm, regulatory models amid pluralism, and dialogue among moral strangers revealing a hybrid approach shaped by constitutional rights, cultural diversity, and pragmatic judicial activism. Scientific advancements in reproduction (e.g., IVF and surrogacy), organ transplantation, and end-of-life choices have similarly disrupted traditional biological certainties in India, where concepts like family and life are influenced by religious morals (e.g., Hindu views on karma or Islamic perspectives on bodily integrity), shifting from "facts" to "choices" regulated under Article 21 of the Constitution (right to life and dignity). Unlike France's 1994 bioethics laws emphasizing parental will and donor anonymity or Italy's prohibitive 2004 stance on donor insemination to protect child rights, India adopts elements of liberal pluralism via statutes like the Assisted Reproductive Technology (Regulation) Act, 2021, which permits altruistic surrogacy and IVF while banning commercial exploitation to curb commodification, balancing autonomy with societal justice amid ethical plurality (e.g., addressing exploitation of poor women as "moral strangers" from marginalized groups). In terms of regulatory models, India leans toward a "weak law" intermediary neither fully private autonomy (as in laissez-faire approaches criticized for ethical chaos) nor rigid proscription (like Italy's bans that impose unified morals) but a minimalist framework safeguarding fundamental rights while allowing ethical interpretations. The ICMR's Ethical Guidelines for Biomedical Research 2017 promote informed consent and equity, echoing the article's call for boundaries on private ethics without enforcing a singular standard, as seen in the Surrogacy (Regulation) Act 2021 restrictions to infertile Indian couples, fostering minimal consensus on issues like embryo status. For organ transplantation under the Transplantation of Human Organs Act (1994), it prohibits trade but encourages donation, mediating among moral strangers in a pluralistic society where cadaveric donations clash with cultural taboos on bodily integrity. End-of-life dilemmas, legalized for passive euthanasia in *Common Cause v. Union of India* (2018) with living wills, reflect judicial bridging of gaps prioritizing dignity over prohibitive homicide classifications, yet avoiding full liberalization to respect sanctity-of-life morals prevalent in surveys showing public opposition to active euthanasia. Overall, India's framework facilitates dialogue among moral strangers through Supreme Court precedents like *Justice K.S. Puttaswamy v. Union of India* (2017)<sup>7</sup> on privacy in genetic

data and bodies like National Organ and Tissue Transplant Organisation (NOTTO) for transplants, promoting "personal federalism"-like accommodations e.g., state variations in implementation amid multicultural citizenship-while pursuing a human-centric evolution. This aligns with the article's advocacy for law as mediator, harmonizing scientific progress (e.g., Clustered Regularly Interspaced Short Palindromic Repeats CRISPR) guidelines banning cloning) with diversity, though challenges like enforcement vacuums in rural areas and resource disparities highlight ongoing needs for consensus-building reforms to prevent alienation and ensure justice in a society of profound ethical variety.

#### 5. LAW AND THE SEARCH FOR COMMON GROUND AMONG MORAL STRANGERS

The article emphasizes the importance of dialogue among several cultural groups, predominantly in the context of law and bioethics, prominence the interplay between democracy and diversity in legal frameworks<sup>8</sup>. It points out how legal systems, like Italy's, have transitioned from laissez-faire to prohibition models in response to bioethical dilemmas, illustrated by recent legislation on assisted reproduction. These regulations impose a specific moral position that confines such procedures to cases of assisted reproduction to infertility situations, neglecting other potential ethical viewpoints, which raises concern over the exclusion of healthcare professionals and ethical diversity. This analysis questions the existing legal methods that prioritize symbolic value over applied applicability highlighting the gap between legal rules and realities, particularly in contentious areas like euthanasia. It contends that such a prohibition model solidifies a sole ethical perception, often perceived as an obligation by varying moral communities. The complication arises particularly around parental consent in supported reproduction, where legal restrictions can conflict with ethical considerations and individual autonomy. An alternative view presented contains the Humanistic-Inspirational Law (HIL) model, which supports self-regulating standards and individual ethical frameworks, though it may fall short in defensive the interests of third parties. The notion of a "weak law" is posited as a possible solution for directing ethical pluralism, suggesting that laws should create boundaries for private ethics rather than execute a singular ethical standard<sup>9</sup>. This article further delves into the perception of "personal federalism,"<sup>10</sup> which allows different legal perspectives within territorial societies while recognizing the prominence of multicultural citizenship. This approach could simplify a dialogue among diverse moral communities, inaugurating a space for ethical plurality and rights protection. A minimum consensus on unethical choices can be refined, but beyond that threshold, individual groups may hold varying beliefs about ethical decisions. Finally, the article advocates for a transformative shift in legal systems like Italy's, portentous that embracing personal federalism could alleviate approaches of exclusion among moral communities, adopting a shared identity while upholding essential rights<sup>11</sup>. This cultural development aims to acknowledge and adapt to

<sup>7</sup> Khan, R. *Mental Health and Right to Privacy: Legal Challenges Post-Puttaswamy*. *IJAIDR-Journal of Advances in Developmental Research*, 16(1).

<sup>8</sup> Karaboue, M. (2025). *Bioethical Principles of the Personal Domain*. Youcanprint.

<sup>9</sup> Boudreau LeBlanc, A. (2023). *At the confluence of ethics, laws and society: Global working theory merging bio-ethics*. *SN Social Sciences*, 4(1), 5.

<sup>10</sup> Weinstock, D. (2021). *A justification of health policy federalism*. *Bioethics*, 35(8), 744-751.

<sup>11</sup> Singh, S. (2024). *Shortfalls of the Bioethical Approach to COVID-19: Vaccine Hesitancy, the Right to Choose and Public Health Management in Canada*. In *Justice in the Age of Agnosis: Socio-Legal Explorations of Denial, Deception, and Doubt* (pp. 269-302). Cham: Springer Nature Switzerland.

the varying landscape of ethical thought and diversity in contemporary society.

## 6. CONCLUSION

The association between bioethics and law reveals the profound encounter of regulating moral diversity in an age of rapid scientific innovation. As the “biological paradigm” weakens, legal systems can no longer rely solely on natural or traditional definitions of life, family, and death. Instead, they must acclimate to a landscape where autonomy, technology, and ethics intersect in impulsive ways. The comparative cases of France and Italy illustrate the tension between legal inflexibility and ethical flexibility between the defence of universal rights and the acknowledgment of individual choice. Neither unobstructed freedom nor strict proscription adequately addresses this complexity. Hence, a balanced “weak law” method, which safeguards essential rights while permitting room for moral pluralism, emerges as a viable alternative. By prioritizing these improvements-streamlined processes, robust education, equitable oversight, and global alignment India can evolve its “weak law” model into a more

coherent framework that harmonizes moral diversity with legal principles, reducing ethical conflicts and boosting innovation. Implementing a national task force for periodic reviews, as per ICMR's integrity policies, would ensure adaptive progress toward justice in bioethics. In conclusion, the future of biolaw depends on law's ability to facilitate between moral strangers-establishing minimal ethical consensus without destroying pluralism. Law must evolve not as a static set of rules but as a living framework that harmonizes scientific progress, human dignity, and cultural diversity in the pursuit of justice.

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Conflict of interest declared none.

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